



# On the HomeFront



## Susan's Legacy Kicks Off

It has been a busy few months at Susan' Legacy. We have been selling our handcrafted jewelry and scarves from Nepal at various arts and craft events. Beginning in September through December we've participated in the Route 66 Civitan Club's Bountiful Boutique, the Corrales Harvest Fest, a Buy Locally Shopping Expo meant to support small businesses, the Crosspointe Christian Church Craft Fair, and a recent benefit for the Wounded Warriors Project held at the Marshall Conservatory of Performing Arts. Watch for us at Arts and Craft Fairs in 2012 and support our mission to serve women with co-occurring mental & addictive disorders!

## Another Social Enterprise!

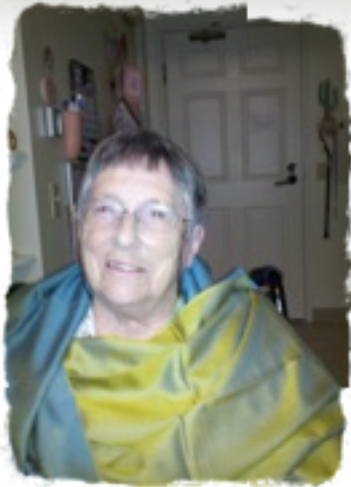


## Volunteers Make Things Happen!



We couldn't have pulled off two days at the Corrales Harvest Fest without a great deal of support. Pictured with our clinical supervisor, Julie Morgan, are just a few of our amazing volunteers, left to right: Liz Wallbro, Melissa Smith, Julie, and Courtney Thornhill.

## Congratulations to the Winners of our Scarf & Jewelry Raffles!



***Beverly Shoaf (pictured) was "tickled pink" when she found that she won our double-faced 100% silk scarf.***



**Congrats to  
Melissa  
Santistevan  
winner of the  
jewelry scarf  
combo!**

**EVEN IN THE DARKEST PHASE, BE IT THICK OR THIN,  
ALWAYS SOMEONE MARCHES BRAVE  
HERE BENEATH MY SKIN**

**- K.D. LANG**

## Welcome Intern Melissa Smith



Melissa is currently a student at the University of New Mexico. She joined Susan's Legacy for her fall internship and will graduate in May 2012 with a B.S. in Family Studies. She has concentration as a Certified Family Life Educator and a minor in Psychology. Upon graduation, she intends to pursue a Master's degree in Counseling. Melissa also has her Associate of Science in Nursing from CNM.

As an intern, Melissa assists the clinical staff at SL by improving our intake process, conducting new program participant intakes, participating on our 2012 *Connected by a Thread* fundraising event committee, and learning about and participating in providing services to participants involved in jail

diversion in Sandoval County.

In addition to her work at Susan's Legacy, Melissa is a Directory Research Assistant at United Way serving with the Center for Nonprofit Excellence. She is also a volunteer Girl Scout leader, and a middle-school volunteer leader at Sagebrush Community Church. In addition she has volunteered at Albuquerque Rescue Mission, Joy Junction, various nursing homes, and Roadrunner Food Bank.

Talk about asking a busy person...we recently asked Melissa to join our staff for a few hours per week...and, you guessed it, she accepted! The staff could not be happier.



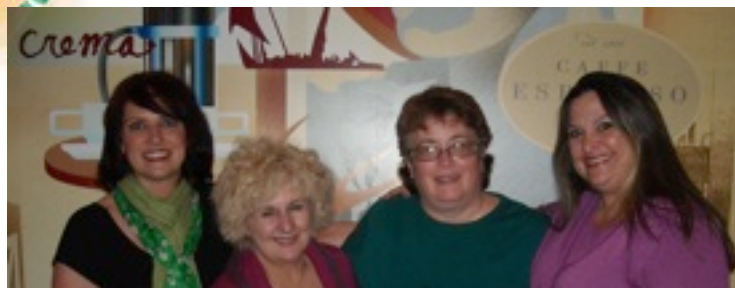
**On December 16th, Staff and program participants met for some holiday cheer. We enjoyed donuts and coffee, and opened gifts. Thank you Donut Mart for letting us take up the entire back corner for our get-together. A Special thanks to our staff, Terri Novaria, Melissa Smith and Julie Morgan. The women appreciated your efforts!**



**Pictured: Standing left to right - Annette, Julie, Terri, Melissa, Jenny, Valerie, and Elaine. Seated, left to right, Natasha and Patricia.**



**A little merriment, a touch of frivolity, and well...after all...girls just wanna' have fun!**



**Staff Ornament Exchange and Holiday Get-Together**



## Patricia's Journey, in Her Own Words



*“My life was in a depression. I’d lost my job due to having panic attacks at work. I was depressed, I slept all day, and I lost my house. That plunged me further into my depression and I relapsed on alcohol after having 17 years of sobriety. I knew I was smart, but why was I in this slump?”*

*I knew I could get back my sobriety, but I didn’t know too much about my mental illness. It was then I heard the term co-occurring for the first time. Shortly after, I heard about Susan’s Legacy. I called and was able to meet with a Community Support Worker a few days later. Susan’s Legacy gave me hope; they believed in me until I started to believe in myself again. They showed me that I could have a life. I have been provided with Individual Therapy, Group Therapy and a Community Support Worker, that supports me in my goals. Little by little, I have felt myself changing and I continue to change. I can say that I have gone from “surviving to thriving!”*

Interested in a Board  
Position? Please Contact:

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***For those of you  
who have  
remembered  
Susan's Legacy in  
your year-end  
giving...  
our sincere thanks!***



## **2011 / 2012 FY Funding**

We are fortunate to be funded by United Way of Central New Mexico and the following groups and agencies: New Mexico Mortgage Finance Authority - New Mexico Human Services Department / Behavioral Health Services Division - OptumHealth New Mexico - Bank of the West, a Caring Community and You!

